

ISLE OF BARRA - BARRAIGH THE HEBRIDES IN MINIATURE



BARRA (G Barraigh, possibly from ON Barr-oy, Broch Island, but more likely after the 6th century Irish follower of Columba, Finbar, St Barr). This beautiful little island encompasses the best of the Outer Hebrides, and is often referred to as the Hebrides in Miniature. There is a wealth of archaeology, history and wildlife, as well as a thriving Gaelic culture.

Castlebay (G Bagh a'Chaisteil) The harbour at Castlebay, the main settlement, is one of the best in the Outer Hebrides, and is

unique in retaining its castle It was used as a base by Vikings and their descendants for many years. Trading, fishing, piracy and interclan warfare were all activities carried out from here.

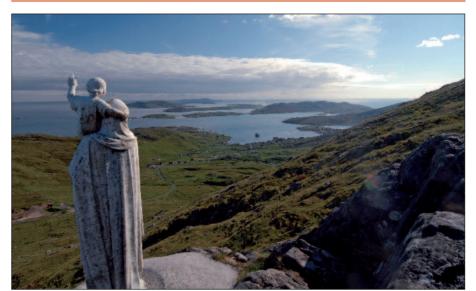
The harbour was very busy during the Herring Boom of the late 19th and early 20th centuries. In 1869 James Methuen, a leading fish merchant from the east coast, started using the harbour as a landing and processing station for Herring.

Up to 400 boats fished out of trucks direct to the markets.

Today Castlebay is a lively little village, with a comprehensive range

Castlebay during the short season, and over 2,000 people arrived to cope with the gutting, salting and packing into barrels. Fishing is still a major part of the Barra economy, and several boats work out of Castlebay. The larger vessels are based at Northbay, where the Barratlantic fish processing factory is situated. Most landings are exported fresh in large chiller





Our Lady of the Sea with Castlebay and the Bishop's Isles from Heava

of facilities and services, including a community school complete with swimming pool. The Feis Bharraigh takes place for a week each summer, during which visitors and Bharrachs participate in the many musical and cultural events which are held.

Heaval (ON Hvit Fjall, White Hill, but the first part could also be ON Haff, Ocean, 383m), is the highest hill on Barra and dominates Castlebay. The statue of the Virgin and Child, sculpted from Carrara marble, is known as Our

Lady of the Sea, and was erected in 1954. The ascent is a stiff, but rewarding climb from an old quarry about 1 mile northeast of the village. On a clear day all of the Bishop's Isles are spread out to the south and mainland Scotland stretches along the eastern hori-

Dualchas, Barra Heritage and Cultural Centre, is next to the school. It has interesting displays, old photographs and genealogical information as well as a shop and

BARRA

Castlebay Kisimul Castle Dualchas Castlebay Bar Heaval viewpoint Tangaval Dun Mhic Leoid Halaman Bay Borve Craigston Museum Dun Bharpa Allasdale Aird Greian Northbay Ard Mhor Traigh Mhor Traigh Eais **Eoligarry** Scurrival Earsary Brevig War Memorial Sound of Vatersay Vatersay Uineasan

Bagh Siar



ISLE OF BARRA - BARRAIGH



Kisimul Castle from the pier on a calm midsummer evening

Kisimul Castle (ON Kastali Holmr, Castle Holm) probably dates back to Norse times, but the existing structure is no earlier than 15th century. The first mention of Barra in the sagas is when Onund Tree-foot is said to have arrived with five ships in around 871AD and driven away the local chief, Kiarval. He then used Barra, no doubt Castlebay, as his winter base.

A few years later, Onund lost a leg at the sea battle of Hafsfjordr in c.874 whilst fighting on the losing side against King Harald Fairhair. In summer he and his men went on Viking cruises and overwin-

Castlebay, Kisimul Castle and Heaval from the ferry

tered on Barra. By the 890s, or before, he had settled in Iceland with other people from Barra and the Hebrides, including his neighbour, Aud the Deepminded.

Being on a small island, but with a very convenient fresh water spring, the site is ideal for defence, and was probably fortified long before the Vikings arrived. It may very well have been the site of a large Iron Age broch. It is claimed that Kisimul was the stronghold of the MacNeils since about 1040.

The original Norse structure here was probably a 3 storey tower, perhaps similar to the Castle of Oldwick in Caithness. In the 15th century the tower and curtain wall were rebuilt and internal buildings were also repaired or renewed. Later the curtain wall was heightened. The Castle was abandoned in the late 18th century, having been severly damaged by fire in 1795.

Boats transporting salt for fish curing used its stones as ballast and some are said to have been discharged in Glasgow, where they were reused for street paving. Herring boats also used it in a similar fashion whilst heading for the fishing grounds.









In 1937 Robert Lister MacNeil. the 45th Chief of the Clan, bought much of Barra, including the castle. He carried out a major restoration programme largely using stones from the many jetties around the bay, themselves built using bits of the castle.

Archaeological investigations in the courtyard found animal bones and shells in large quantities. Pottery sherds dating from Neolithic to late Medieval times indicate that the island has been inhabited for a long time.

Castle is now in the charge of Historic Scotland, who leased it for 1,000 years. The rental is £1 and a bottle of whisky per year. It can be visited daily by a small ferry from April till September.



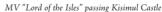
Castlebay from the ramparts

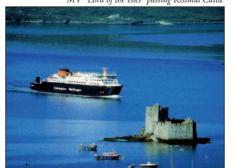


Kisimul Castle, Interior of the Hall



Kisimul Castle Courtyard





CASTLEBAY HOTEL

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A warm welcome awaits guests at the Castlebay Hotel, which overlooks the picturesque harbour, Kisimul Castle and the beautiful island of Vatersay.

*** HOTEL



Tangusdale and Dun Mhic Leoid with Ben Tangaval in the background

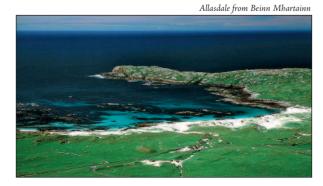
Dun Mbic Leoid (wrongly called Sinclair Castle in the 19th century, NL648996) is on a small island on Loch Tangusdale. This tower was originally three stories high and measures about 3m by 2.5m inside, with walls about 1.5m thick. St Columba's Well lies near the loch, marked by some white stones. Otters frequent the lochs and burns here.

Doirlinn Head There is a fine walk south to Doirlinn Head, and onwards to the top of Ben Tangaval (333m, NL638991) from Halaman Bay. *Dun Ban* (G White Fort, NF631003) is a ruined broch, in a dramatic clifftop location. There is an fine view from the top of the hill.

Borve takes its name from the ruined broch, Dun na Cille



Rough seas breaking at Halaman Bay



small geo, Port na Cille. In the adjacent graveyard there are scant ruins of a little chapel, Cille Bhrianain (dedicated to St Brendan). A short standing stone is prominent near the gate onto the machair, which in summer is a sea of wild flowers. Many waders breed here and Oystercatchers are particularly common.

(NF647016), at the head of a

West Beaches The beaches of Allasdale, Traigh Hamara, Traigh Tuath and Halaman Bay all have their own character. Whether on a calm summer's evening, or during an equinoctial storm, the scene is constantly changing, dynamic, yet peaceful. The beach at Allasdale, or Seal Bay, is an especially popular place for selkies to haul out, and thus also for viewing them.

Walks There are several pleasant walks in the area, which include a coastal route along the cliffs from Cleit to Suideachan along an old path which affords especially good views over the west of the island, and towards South Uist, Beinn Mhartainn (244m, NF664021), overlooks the attractive township of Borve, and offers outstanding views. Above Craigston, Dubhairidh, an old thatched cottage (G The Dark Shieling) has been renovated (NF673014) and is open to visitors in the summer.

Chambered Cairn Further up the hill to the north, the large and apparently undisturbed mound of *Dun Bharpa* Neolithic chambered cairn (NF672019) is prominent. Several kerbstones are still standing, and the entrance passage can be seen, facing down the valley. There is another chambered cairn (NF677012) further up towards the saddle of the valley below Grianan.

Wheelhouse There is an aisled wheelhouse dating from the early centuries AD inland near Allasdale (NF677022) which has outbuildings and an associated souterrain. This house is unusual in that most such dwellings in the Western Isles have been found in machair areas. This house sits at the top of a very attractive valley, well above the machair.

Broch *Dun Cuier* (NF664034), a broch which overlooks Allasdale beach, was excavated



From Greian Head looking south over Traigh Eais and Allasdale to Ben Tangaval

in the 1950s and has now been shown to have been reused over a long period.

Barra Golf Course is nearby on Aird Greian. This unusual 9 hole course has fences around the greens to keep the sheep out! There are also great views to admire when you are looking for your lost golf balls.

Greian Head The west coast of Barra is a series of curvaceous sandy beaches, backed by dunes and machair, interspersed by rugged headlands. From Greian Head (NF658047), above the Golf Course, with its abandoned WWII radio post, there is a particularly fine view southwards. A rough track leads to the top of the hill.



Dun Bharpa chambered cairn



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Traigh Mhor or Cocklestrand is also Barra Airport

Barra Airport The north of the island is quite different in character to the south, with expansive sandy beaches, backed by sand dunes and machair. Barra Airport is unique in that it uses the large flat expanse of *Traigh Mhor*, or the Cocklestrand, as its runways. Recently it has been voted as having the 10th most spectacular approach in the world.

Operations are dependent on the tide, but the Canadian built Twin Otter aircraft which are used are eminently suitable for the job. There are daily flights to Glasgow and Benbecula at variable times. The beach is also the source of the wonderful cockles which may be found on local menus.

Cille Bharra (NF704074) overlooks Eoligarry and is said to be

dedicated to St Barr or Finbar, of Cork, whose feast day is 27th September. The church may also have connections to St Brendan. None of the three buildings visible appear earlier than 12th century, but it is likely that the original foundation was much earlier, perhaps 7th century.

An unusual grave slab is now in the National Museum in Edinburgh. The stone has a Celtic cross on one side and a runic inscription on the other to *Thorgerth, Steiner's daughter*. A replica of this 10th or 11th century stone is in the North Chapel along with three 16th century carved tombstones, probably commemorating the MacNeils.

The door on the north wall of the church has inward-sloping door jambs and windows similar to early Irish churches, strengthening its founder's probable Irish provenance. In early summer the precincts are enlivened by swathes of Primroses.

The graveyard is still in use and has an interesting range of memorials, from very ancient to modern. The author Compton MacKenzie, of *Whisky Galore* fame, who lived on Barra during 1935-1945, is buried here.

Eoligarry To the east of the church, Traigh Cille Bharra is another vast expanse of sand at low tide, stretching to the tidal island of Orosay. It is backed by the fertile machair plain of Eoligarry, which was cleared in the 1840s to make one large

Thrift on the shore at Eoligarry





farm. It was eventually divided up into crofts again, many of which are still worked. The beaches here are vast areas of white sand. On a fine day the sea is a colour of turquoise giving a Caribbean feel to the place. This is one of the best places to seek Corncrakes on Barra.

Dun Scurrival (NF695081) is dramatically situated on a rugged 50m hillock with stunning views over the west coast, Traigh Scurrival and the Sound of Barra. Parts of the walls and of the intranural galleries are visible. This Iron Age broch is one of several similar structures on Barra and the Bishop's Isles. Sites of such buildings are often indicated by the place name Borve from ON Borg, castle.







raigh Eais and the west coast of Barra from Dun Scurrival



Swathes of Primroses in early summer



The beach at Eoligarry jetty

Cille Bharra has ancient chapels, gravestones from many ages and wild flowers





Otter and Salmon sculpture at the ferry terminal, Ard Mhor

East Coast The east coast of Barra is rugged with rocky bays, and low cliffs. The sheltered inlet at Northbay has some of Barra's few trees, excellent places to find migrant birds in spring and autumn. Several passerine species breed here. There is a statue of St Barr on an islet on the loch as well

as a modern collage of the saint made with sea shells on the nearby St Barr's Church. In spring Gorse and Broom enliven the scene with their yellow flowers.

Ard Mhor There is a roro car ferry which runs between Ard Mhor and Eriskay. Outside the terminal there is a fine sculpture of two Otters chasing a Salmon. This is a good place to look for these elusive creatures, which are usually seen in the gloaming.

Northbay has for long been Barra's second harbour. The Old Harbour is very sheltered and still used by small fishing boats. Aird Mhidhinis is the main base of the fishing industry on the island. It has a deep water pier and the Barratlantic fish factory. Whitefish, prawns and Scallops landed here are trucked daily to the mainland. Fresh fish can be purchased from the factory.

Balnabodach is today a string of houses along the roadside above Loch Ob just south of Northbay. Near the shore the remains of earlier houses dot the landscape. Loch Ob itself is very sheltered and accessible from the sea by a narrow channel nearly 400m long.

During excavations, a Bronze Age arrowhead and large quantities of Iron Age pottery were found here. Flint scrapers and knives as well as pumice tools were also present. The dun on Loch nic Ruadhe just up the burn may have been contemporary with this occupation.

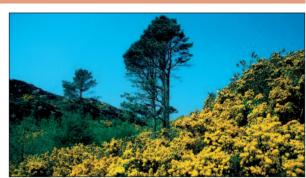
Later, blackhouses were built here, perhaps beginning about 1750. Pottery, a clay pipe, broken tools and a copper thimble were among the artefacts discovered. In 1851 potato blight caused famine on Barra. 450 people were shipped out to Canada that year, including those from Balnabodach. In turn, they were soon replaced by families who were evicted from Borve.

Earsary The road winds through a series of townships with wonderful names, including Earsary (Earsairidh), Skallary (Sgalllairidh) and Brevig (Breibhig). Apart from the modern houses there are many ruined blackhouses, most of which date from the 19th century dearances.

There are fine views of the east coast of Barra, the Minch and Skye from the hill to the south of Brevig, on the northeast flank of Heaval. The east side of the island is quite different from the west, with its rocky inlets and lack of sandy bays. It is worthwhile to walk or cycle rather than drive and not to be in a hurry.







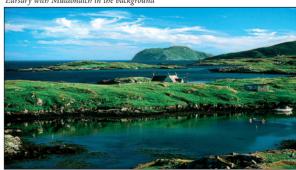


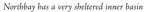
Cottage at Ardveenish, Northbay



Small boats at high tide, Earsary

Earsary with Muldonaich in the background









Sound of Vatersay and the causeway from below the War Memorial

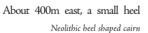
Barra War Memorial was dedicated in 1993, to commemorate those from the island who gave their lives in WWI (71) and WWII (44). Most were in the Merchant or Royal Navy, although some were in the Army. It is situ-

ated on the road to Vatersay overlooking Castlebay and the Sound of Vatersay.

Allt Chrisal During the building of the new road an archaeological survey of the route and its environs

was undertaken. A surprising range of sites were discovered ranging from the Neolithic to the 18th century. Most are in the small valley of *Allt Chrisal* (NL643977), a burn which runs off Ben Tangaval into the Sound of Vatersay near the northern end of the causeway.

From about 3400 to 1800BC there was a settlement on two levelled areas just above the road. Hearths, pottery, flint tools and a saddle quern were found, as were several stone burial cists. The pottery was Grooved Ware type. A rectangular oven in the floor may have been a kiln to fire the pottery.





Bronze age curved wall and hearth





shaped chambered cairn could have been the communal burial tomb for the settlement. This type of cairn is unusual in the Outer Hebrides, but common elsewhere.

Higher up there is a small circular stone hut, which is probably from the Beaker period, as nearby a small cist had a nearly intact beaker in it. It may well have been used to drink ale made from barley.

The most dramatic building is an Iron Age wheelhouse, which lies up the slope to the west of the stream. The walls, piers and central fireplace can all be made out. It is unusual as, apart from the one at Allasdale, most such houses so far found in the Western Isles are built into sand dunes, and not free standing as here.

The most recent occupation was in the 18th century, when a blackhouse with outbuildings, including a byre and kiln, were built near the Neolithic house. There are also remains of lazybeds nearby. This site was only occupied for perhaps 40 years. It is said that a plague of rats from a nearby wrecked ship drove the people out. Indeed, there was evidence of rats' nests in the foundations of the house.



Barra War Memorial was dedicated in 1993

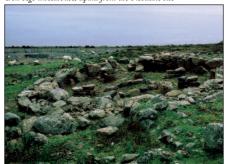


Castlebay from the War Memorial



Lewisian Gneiss rocks exposed in road cutting at the War Memoria

Iron Age wheelhouse, uphill from the Neolithic site

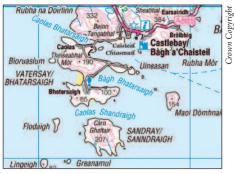




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Bronze Age house

SOUTH SIDE - VATERSAY ISLE OF BARRA - BARRAIGH





Sunset from Bagh Siar

VATERSAY (ON Vatrs-oy, Wet or Watery Island?) was joined to Barra by a causeway in 1990. Prior to this a small ferry ran across the Sound of Vatersay. Cattle were swum across behind small boats. The island was bought in 1910 by the Congested District Board after a series of land raids in 1906 by crofters desperate for land. The island was then divided into crofts.

Collapsed broch entrance

many lovely such stretches of sand in the Outer Hebrides. Annie Jane Bagh Siar (G West Bay) was the site of the wreck of the brig, Annie Jane of Liverpool on 29th September 1853. She was bound for Quebec with 450 passengers and 45 crew when she

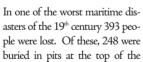
Vatersay Bay The road leads east-

wards to sheltered Vatersay Bay

with its lovely sands. The commu-

nity hall is at the north end of the

beach, which is one of the finest of



ed on rocks in Bagh Siar.

Dun a'Chaolais Broch, overlooking the Sound of Vatersay

encountered a severe storm in the Atlantic. The crew could not make sufficient repairs to make the ship manageable and she ground-

beach. There were 102 survivors, including the captain, because when the ship broke up the foredeck and poopdeck acted like liferafts. There is a poignant memorial to the disaster above the beach.

On the south side of Vatersay, Bagh a'Deas (G South Bay) faces south over Sandray. There is a particularly fine view from Heillanish (NL633935), the low headland to the west of the beach.

Archaeology On the north side of Vatersay, Dun a' Chaolais is a large ruined broch which commanded the Sound of Vatersay. The entrance and intramural spaces can still be made out.

Dun Vatersay (NL626947) is another ruinous broch on a knoll to the west of the village. It com-

Catalina memorial





Vatersay Bay faces east

mands fine views over Bagh Siar, Vatersay Bay, and the north part of the island.

Chapel On the east side, on the small island of Uineasain (NL665957), the ruined chapel of Cille Bhrainain is on a hummock above a lovely sandy beach facing Castlebay. There is a another fine beach at Caragrich on the way to this chapel site. A side road leads to Uidh for part of the way to this idyllic corner of Vatersay.

Catalina crash site On 18th May 1944, an RAF Catalina on a training flight from Oban crashed into Heishival Beag above the east side of Vatersay Bay. 3 of the crew were killed but the other 6 survived. There is a memorial at the roadside along with some remaining pieces of the aircraft.



Vatersay from Dun Vatersay



Bagh a'Deas from the west end

Bagh Siar on a misty day

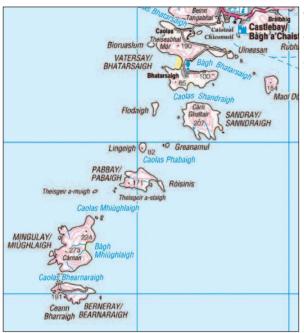


Annie Jane memorial, Bagh Siar





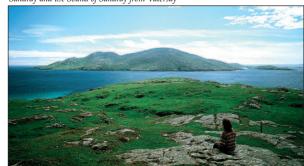
BARRA - THE BISHOP'S ISLES SANDRAY AND PABBAY





Sandy beach and dunes on the east side of Sandray

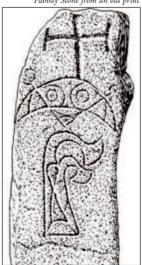
Sandray and the Sound of Sandray from Vatersay



THE BISHOP'S ISLES The string of islands to the south of Barra was known as the Bishop's Isles because during Norse times they were part of the Bishopric Estate. Each has its own character, although all have been uninhabited since the early 20th century.

SANDRAY (ON Sandr-oy, Sandy Island) is named for its huge sand dunes on the east coast below Carnach. There is a galleried dun unusually situated at about 100m (NL637913) on the south east ridge of Cairn Galtar (207m), and a chapel, Cille Bhrighde (NL652919) next to the old settlement site, which is now buried by sand.

PABBAY (ON Papa-oy, Monk's or Culdee's Island) has a beautiful white sandy beach on the east side, at Bagh Ban. (G White Beach). The settlement was inland from this, and extensive ruins remain. A steep mound nearby has many grave markers, but may originally have been a domestic midden.





Bagh Ban, Pabbay

Pabbay Pictish symbol stone, has flower and V-rod, or broken arrow, with crescent symbols, and has been re-erected nearby. The stone has a later primitive cross at the top. Another simple cross slab is face down in the grass. The

remains of a chapel lie about halfway towards the shore, mostly buried in the sand dunes.

Galleried Dun Up the slope, an Iron Age house similar to those at Bosta on Great Bernera lies excavated. Above Bagh Ban and facing across the Sound of Pabbay, there is a small, but well preserved, galleried dun, Dunan Ruadh (G Red Fort NL613877). There is a stunning 270 degree panoramic view from this vantage point.





Dun Ruadh gallery and stairway

Iron Age house





Sound of Pabbay with Dun Ruadh on the right

Dun Ruadh is a well preserved Iron Age dun or small broch





Mingulay Bay from the south, it is very exposed and never had a pier

MINGULAY (ON Mikil-ey, Muckle or Big Island) is the largest of the Bishop's Isles. The high cliffs, which reach 215m on the west side, with spectacular caves, stacks and precipices, are home to many breeding seabirds in summer. The 150m high natural arch at Gunamul and the immense geos are especially impressive from a boat. Rock climbers also favour these Lewisian Gneiss cliffs.

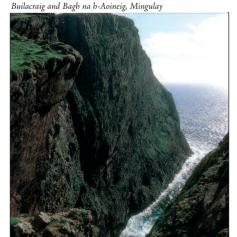
The main settlement of ruined blackhouses, field walls, cultivation

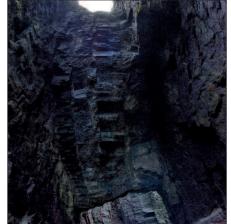
strips and a burial ground lie above Mingulay Bay. A chapel, dedicated to St Columba, is now engulfed by sand. The large and incongruous Chapel House, built in 1898, is now ruinous but the Schoolhouse, built in the 1880s, is in good repair. There never was a pier because Mingulay Bay is subject to swell most of the time. Landing is best done on the rocks to the north or south of the lovely sandy beach.

There are good views from Macphee's Hill (224m) in the

north, Hecla (ON Hekle, comb, or Hekla, cowl, 219m) in the south and the highest hill, Carnan (G Heap of Stones, 273m). Macphee's Hill is named after a boy who was abandoned on the island after a plague had wiped out the inhabitants. He survived for over a year on his own before the land was resettled. Mingulay was finally abandoned in 1912 after being populated for several thousand years. There are many prehistoric sites from the Iron Age and earlier.









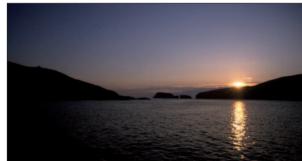
Barra Head is 190m high and often covered in mist

BERNERAY (ON Bjornr-oy, Bjorns' Island), or Barra Head, is the most southerly of the Western Isles. Its dramatic 190m cliffs are topped by Barra Head lighthouse at Sron an Duine (G Fort Headland). The remains of the Iron Age dun at the lighthouse protect a small area surrounded by rocks, right on the edge of the cliffs.

Sadly this dun was partially destroyed during the building of the lighthouse, which was first lit in 1833 and automated in 1980. Barra Head was the final waypoint for sailing ships westbound for the USA and Canada, which is one of the reasons for the construction of the lighthouse here.

Another dun, *Dun Briste* (G Broken Fort, NL548806), on the north-west tip of the island, overlooks the Sound of Berneray. The landing place is on the northeast side below the old settlement. It is only exposed to the northeast, Shelter Rock and Maclean's Point

protect it from the tide and swell otherwise. There is an old graveyard to the east of Maclean's Point, with ancient gravemarkers, but nothing remains of the chapel which once stood there. A chaly-beate (iron bearing) well halfway up the hill provided water.



Midsummer sunset down the Sound of Berneray

Barra Head lighthouse



Sron an Duine Iron Age fort

